



MOWACHAHT | MUCHALAHT
— FIRST NATION —

INDIGENOUS AWARENESS TRAINING

HOUSE OF UNITY

May 7th and 8th 2025

8:30 AM – 4:00 PM

FACILITATED BY:

MATT VICKERS



AGENDA

- 8:30 am Arrival at site and opening comments by facilitator
- 8:40 am Welcome to site & traditional territory by an Elder from the territory
- 8:50 am Traditional dance performance (group from that area)
- 9:30 am Cleansing ceremony
- 10:00 am REFRESHMENT BREAK
- 10:15 am First Nations lifestyle prior to contact
- 11:15 am What happened at contact
- 12:30 pm LUNCH BREAK
- 1:00 pm Past influences and their effects today
- 2:30 pm Where First Nations are today
- 3:15 pm REFRESHMENT BREAK
- 3:30 pm Nine-minute video “The Elders Are Watching”
- 3:40 pm Q & A
- Closing Comments and Blessing