

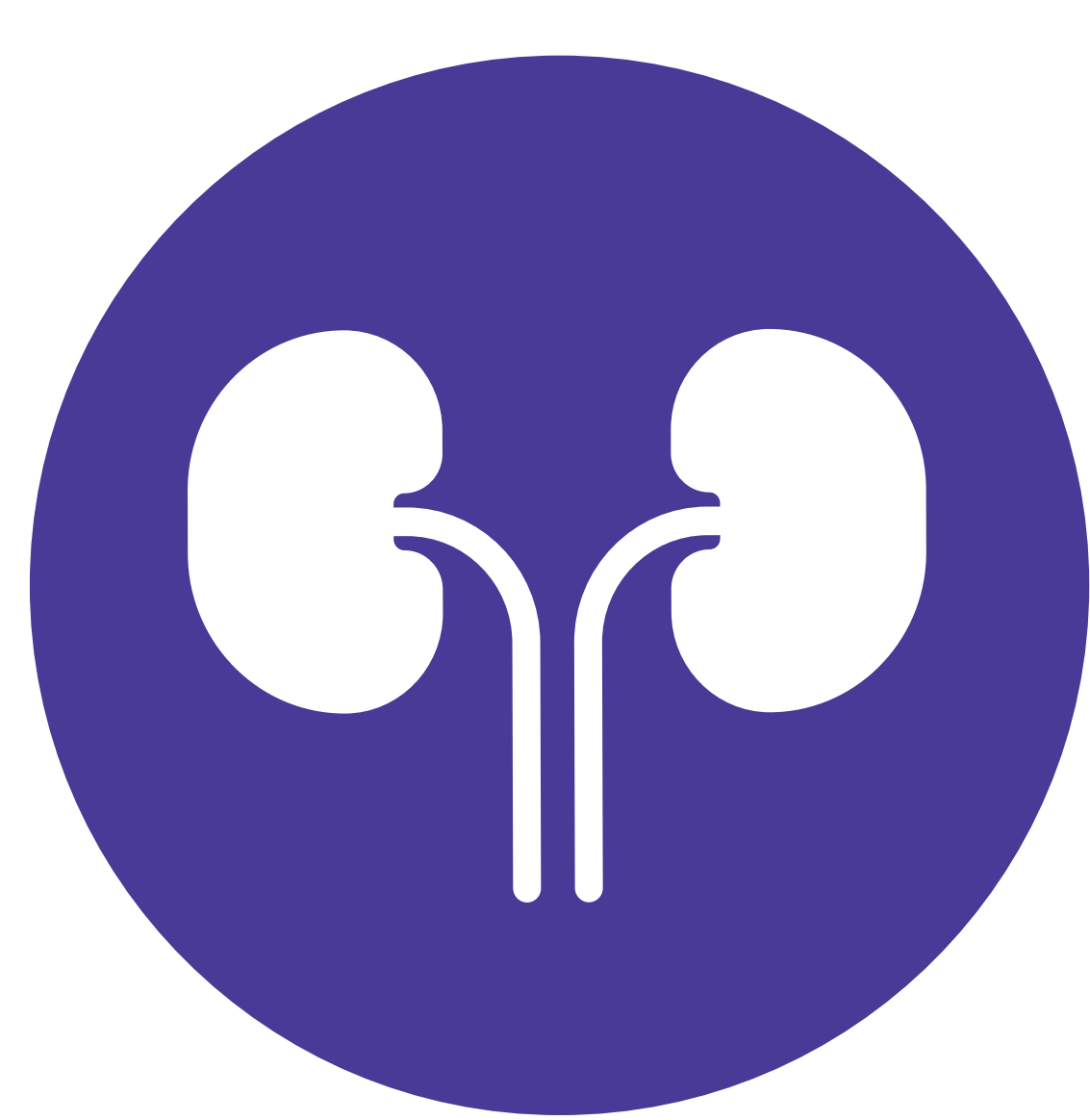


Kidney Check



*Kidney screening can
save your life*

Kidney Check is a new program bringing kidney, diabetes, and blood pressure screening to Indigenous communities across Canada



Why is kidney health important?

Kidneys help our bodies stay healthy by getting rid of fluids, wastes and toxins.



Why should I get checked?

The earlier we know about kidney problems, the more we can do to help you and your kidneys feel better.



Who is involved?

Kidney Check is part of the Can-SOLVE CKD Network, a national patient-led initiative to improve kidney health.

kidneycheck.ca

Why Are We Here?

- To work together to help improve health
- Help keep kidneys healthy
- Help prevent or delay dialysis

AND

- To help make a plan to keep kidneys health

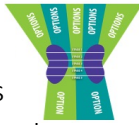
Why is this important today?

You or your family member may not know you have kidney problems

We can check your kidney health and provide care

Why Kidney Health Screening?

- Results in under 1 hour
- Find kidney problems early
- Find & provide care for risk factors
- Plan health care to keep kidneys working
- PREVENT or delay dialysis



How long will this take?

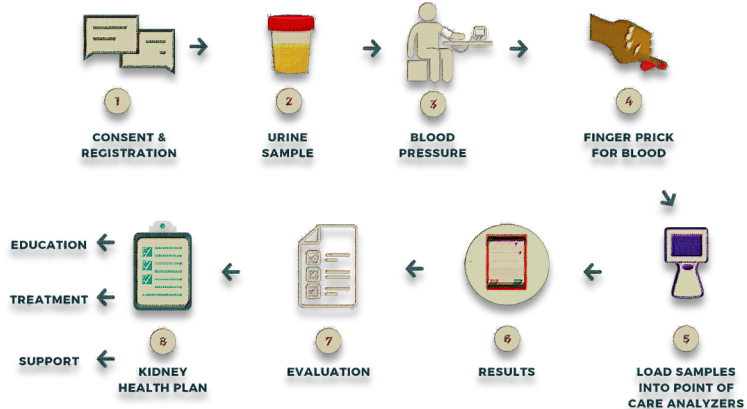
Less than one hour:

- 15 min registration and consent
- 15 minutes screening & testing
- 15 minutes reviewing results and follow-up with nurse (if needed)



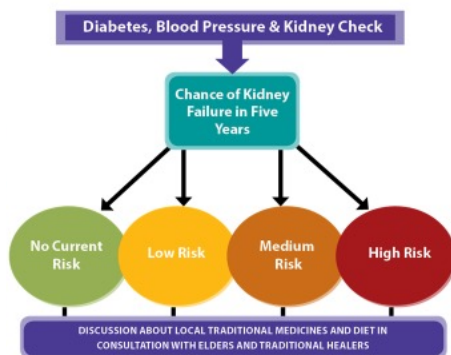
Testing and Screening Process

The health check process takes about 45 minutes with results and educations provided immediately



Check Results

Show your chance of kidney failure as we know how to best treat your kidneys and/or keep them healthy



Follow Up: Team Approach

Low Risk Patients	Medium Risk Patients	High Risk Patients
Team: <ul style="list-style-type: none"> • Primary care provider 	Team: <ul style="list-style-type: none"> • Primary Care providers • Kidney specialist 	Team: Multidisciplinary Kidney Health Clinic <ul style="list-style-type: none"> • Primary care provider* • Kidney specialist • Kidney Nurse • Kidney Dietitian • Kidney Pharmacist • Kidney Social worker
Focus: <ul style="list-style-type: none"> • Lifestyle • blood pressure 	Focus: <ul style="list-style-type: none"> • Diagnosis • Lifestyle • Blood pressure • Protein leak reduction 	Focus: <ul style="list-style-type: none"> • Healthy Lifestyle • Reduction of blood pressure • Reduction of protein leak in the urine • Treat consequences of low kidney function • Treat related heart and diabetic diseases