

# Wednesday October 16<sup>th</sup>

## Earthquake First Aid

In conjunction with this year's annual Shakeout, the SRD is providing 3 free 'Earthquake First Aid' sessions to community members so they are better able to care for their family members, friends and loved ones after a major earthquake which will overwhelm the ability of first responders to provide assistance.

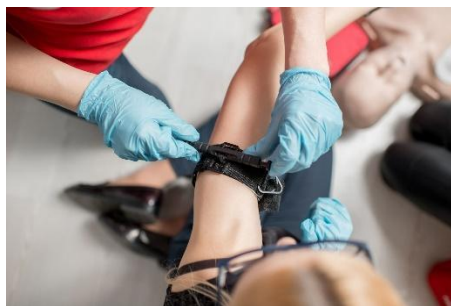


Time	Location
11:00am – 1:00pm	House of Unity – 100 Ouwatin Road
2:30pm – 5:00pm	Community Hall Room – 350 Muchalat Drive Gerry Morgan Memorial Centre
6:30pm – 9:00pm	Community Hall Room – 350 Muchalat Drive Gerry Morgan Memorial Centre

### Learning Objectives

1. Slings and splints
2. Stop the Bleeding (Pressure Bandages and Tourniquets)
3. Wound Care
4. Moving an Injured Victim (Techniques and Best Practices)

### Session Description



Earthquake-induced injuries range from mild cuts and bruises to more serious conditions such as severe fractures, internal organ damage, crush syndrome, and burns. The best way to prevent these injuries is to take some time today and identify things that might fall during shaking. Imagine if the room were picked up, shaken up and down, and side to side. Which items could fall and injure you? Consider things such as televisions, shelves, mirrors, pictures, water heaters, refrigerators, and bookcases. No certification is provided at these workshops, they are for practical knowledge and skill development only.

To register please call Manager of Emergency Services Shaun Koopman at 250-830-6702 or email [skoopman@srd.ca](mailto:skoopman@srd.ca)